

June 2008

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 ■ 4:00 PM Body Pump	2 ■ 8:15 AM Pilates Mat ■ 5:30 PM Indoor Cycling (sign-up)	3 ■ 8:15 AM Indoor Cycling (sign-up) ■ 4:15 PM Kid's Creative Dance (ages 4-6) ■ 5:00 PM Dance Class (ages 7-9) ■ 6:00 PM Fusion Belly Dance Drills	4 ■ 8:15 AM Body Pump ■ ... Dance Class (ages 7-9) ■ 5:30 PM Pilates Mat ■ 7:00 PM Belly Dance II	5 ■ 8:15 AM Indoor Cycling (sign-up) ■ 5:30 PM YOGA	6 ■ 4:30 PM BootCamp	7
8 ■ 4:00 PM Body Pump	9 ■ 8:15 AM Pilates Mat ■ 5:30 PM Indoor Cycling (sign-up)	10 ■ 8:15 AM Indoor Cycling (sign-up)	11 ■ 8:15 AM Body Pump ■ 5:30 PM Pilates Mat	12 ■ 8:15 AM Indoor Cycling (sign-up) ■ 5:30 PM YOGA	13 ■ 4:30 PM BootCamp	14
15 ■ 4:00 PM Body Pump	16 ■ 8:15 AM Pilates Mat ■ 5:30 PM Indoor Cycling (sign-up)	17 ■ 8:15 AM Indoor Cycling (sign-up)	18 ■ 8:15 AM Body Pump ■ 5:30 PM Pilates Mat	19 ■ 8:15 AM Indoor Cycling (sign-up) ■ 5:30 PM Restorative YOGA	20 ■ 4:30 PM BootCamp	21
22 ■ 4:00 PM Body Pump	23 ■ 8:15 AM Pilates Mat ■ 5:30 PM Indoor Cycling (sign-up)	24 ■ 8:15 AM Indoor Cycling (sign-up)	25 ■ 8:15 AM Body Pump ■ 5:30 PM Pilates Mat	26 ■ 8:15 AM Indoor Cycling (sign-up) ■ 5:30 PM YOGA	27 ■ 4:30 PM BootCamp	28 Anusara Yo...s Workshop call to register
29 Anusara Yo...s Workshop call to register	30 ■ 8:15 AM Pilates Mat ■ 5:30 PM Indoor Cycling (sign-up)	1 ■ 8:15 AM Indoor Cycling (sign-up)	2 ■ 8:15 AM Body Pump ■ 5:30 PM Pilates Mat	3 ■ 8:15 AM Indoor Cycling (sign-up) ■ 5:30 PM Restorative YOGA	4 Happy 4th of July!	5

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6	7 8:15 AM Pilates Mat	8 8:15 AM Indoor Cycling (sign-up)	9 8:15 AM Body Pump 5:30 PM Pilates Mat	10 8:15 AM Indoor Cycling (sign-up) 5:30 PM YOGA	11 4:30 PM BootCamp	12
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